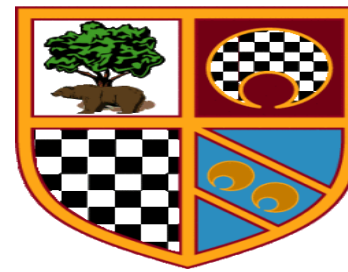


# Week 1 Menu



## Monday

**Meatball marinara**  
(meatballs in a fresh tomato sauce with freshly cooked pasta topped with cheddar & mozzarella cheese)

**Spanish chicken**  
(Spanish chicken with pepper & olives Served with spicy rice)

**Vegetable stuffed peppers**  
(Topped with cheddar cheese)

Selection of Vegetables

½ Jacket Potato

## Tuesday

**Fishcakes**  
(served with tartar sauce and lemon wedge)

**Piri piri spiced chicken**  
( Portuguese spiced chicken thigh with brown spiced rice)

**Veg falafel**  
(served with a flat bread & Greek salad)

Selection of Vegetables

Garlic & herb new potatoes

## Wednesday

**Roast chicken**  
(roast chicken with sage & onion stuffing)

**Beef tagine**  
(Moroccan spice beef Served with cous cous)

**Spanish tortilla**  
(smoked paprika vegetable omelette )

Selection of vegetables

Roast Potatoes

## Thursday

**Spicy Beef Burritos**  
(Prime ground beef seasoned & wrapped in a tortilla)

**Cumberland Sausage**  
(served with Yorkshire pudding and gravy)

**Quorn & Vegetable Korma**  
(Quorn & vegetables in a creamy almond curry sauce)

Selection of Vegetables

Oven baked wedges

## Friday

**Crispy Baked Battered Haddock**  
(Served with lemon wedge & parsley)

**Vegetable Burger**  
(Vegetable burger served in a bun)

Chipped Potatoes  
Mushy Peas  
Beans

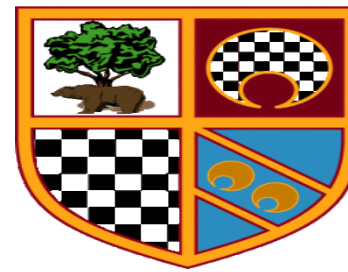
### **Available Daily Fresh fruit**

A Variety of freshly prepared Sandwiches, Baguettes & Wraps

An Array of Sweet Desserts, Mousse's Trifles, Yoghurts

A selection of Hot Snack items including Panini & Pizza's

# Week 2 Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><b>Sausage &amp; mash</b> (Pork sausages oven baked with creamy mash)</p>	<p><b>Chicken Stir Fry</b> (<i>Stir fried chicken with vegetables &amp; Asian sauce</i>)</p>	<p><b>Traditional Roast Turkey</b> (<i>Roast turkey breast served with sage &amp; onion stuffing</i>)</p>	<p><b>Spicy pork &amp; rice Burritos</b> (<i>Pulled pork &amp; rice seasoned &amp; wrapped in a tortilla</i>)</p>	<p><b>Crispy Baked Battered Haddock</b> (<i>Served with lemon wedge &amp; parsley</i>)</p>
<p><b>Salmon &amp; broccoli pasta bake</b> (<i>fresh broccoli florets &amp; salmon with a baked pasta sauce</i>)</p>	<p><b>Steak &amp; Vegetable Pie</b> (<i>Prime chunks of beef baked and served in a rich gravy</i>)</p>	<p><b>Texas BBQ Chicken</b> (<i>24 hour marinated juicy baked chicken</i>)</p>	<p><b>Southern fried chicken burger</b> (<i>served in a bun with a crunchy salad</i>)</p>	<p><b>Vegetable Burger</b> (<i>Vegetable burger served in a bun</i>)</p>
<p><b>Cheese &amp; potato pie</b> (<i>cheddar cheese sauce &amp; crushed potatoes</i>)</p>	<p><b>Vegetable cottage pie</b> (<i>hearty vegetables topped with a seasoned mash potato</i>)</p>	<p><b>Salmon goujons</b> (<i>crispy salmon strips served with a flatbread and salad</i>)</p>	<p><b>Quorn &amp; Vegetable smoked paprika chille</b> (<i>Quorn &amp; vegetables in smoked paprika &amp; tomato sauce served with brown rice</i>)</p>	<p>Chipped Potatoes Mushy Peas Beans</p>
<p>Selection of Vegetables</p>	<p>Selection of Vegetables</p>	<p>Selection of Vegetables</p>	<p>Selection of Vegetables</p>	<p><b>Available Daily Fresh fruit</b> A Variety of freshly prepared Sandwiches, Baguettes &amp; Wraps</p>
<p>½ Jacket Potato</p>	<p>Mashed Potato</p>	<p>Roast Potatoes</p>	<p>Spicy wedged Potatoes</p>	<p>An Array of Sweet Desserts, Mousse's Trifles, Yoghurts</p> <p>A selection of Hot Snack items including Panini &amp; Pizza's</p>